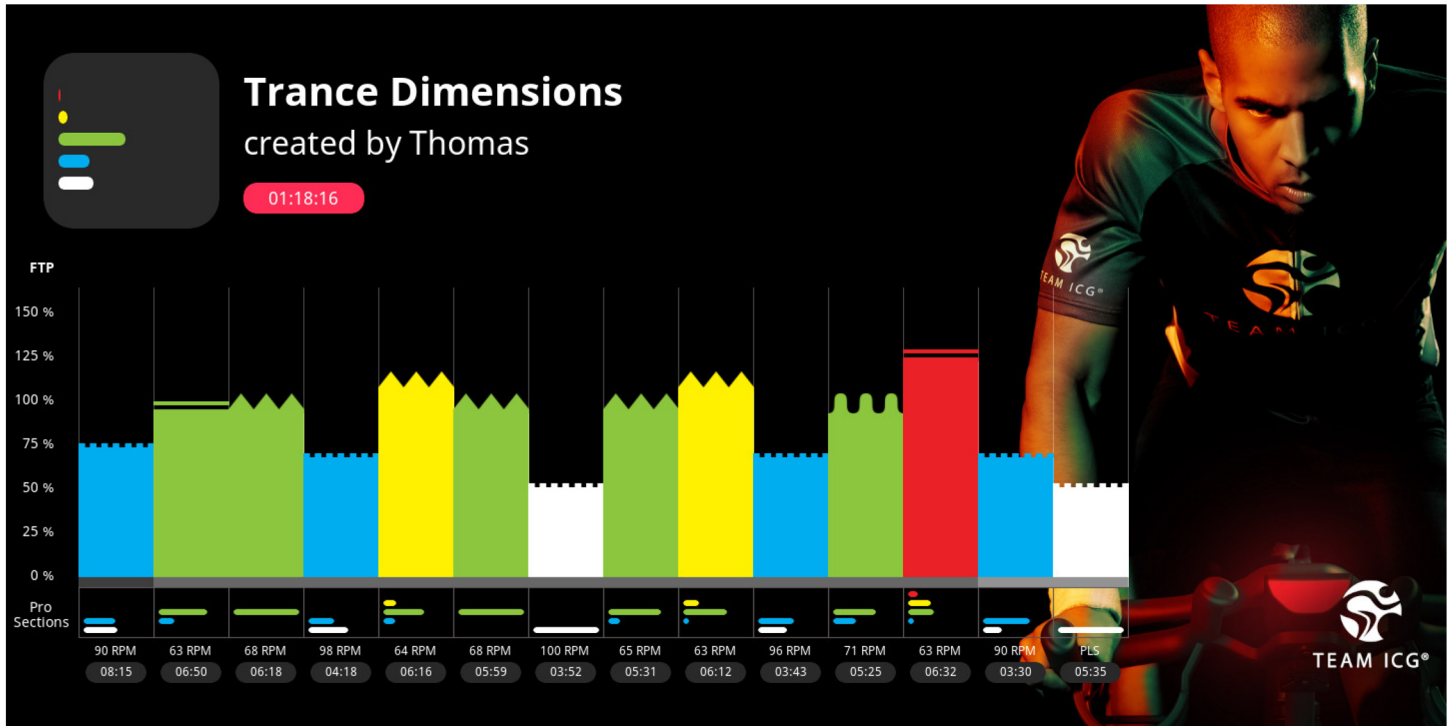


Workout Trance Dimensions



Workout overview

Track Name	RPM	FTP %	Riding Position	Duration
⊕ Warm Up - The Watchers	90	70	SERO	08:15 Min.
⊕ Main Part - Silence (AVIRA Remix)	63	87	STCL	06:50 Min.
⊕ Main Part - Turn The World Into A Dancefloor (ASOT 1000 Anthem)	68	87	JU	06:18 Min.
⊕ Main Part - No Ordinary Morning (Thomas Datt Ambient Remix)	98	65	SERO	04:18 Min.
⊕ Main Part - Salva Mea 2.0 (Above & Beyond Remix)	64	98	JU	06:16 Min.
⊕ Main Part - 7 Seas (Neelix Remix)	68	87	JU	05:59 Min.
⊕ Main Part - Ein Schöner Tag (Live)	100	50	SERO	03:52 Min.
⊕ Main Part - Your Loving Arms (re-boot Remix)	65	87	JU	05:31 Min.
⊕ Main Part - Hide U (Jerome Isma-Ae Remix)	63	98	JU	06:12 Min.
⊕ Main Part - Event Horizon	96	65	SERO	03:43 Min.
⊕ Main Part - Astro	71	87	WR	05:25 Min.
⊕ Main Part - Titanium (MORTEN Future Rave Remix)	63	113	STCL	06:32 Min.
⊕ Cool Down - The Hardest Heart (Chill Remake)	90	65	SERO	03:30 Min.
⊕ Stretching - When It Ends It Starts Again (Ambient Version)				05:35 Min.
				78:16 Min.